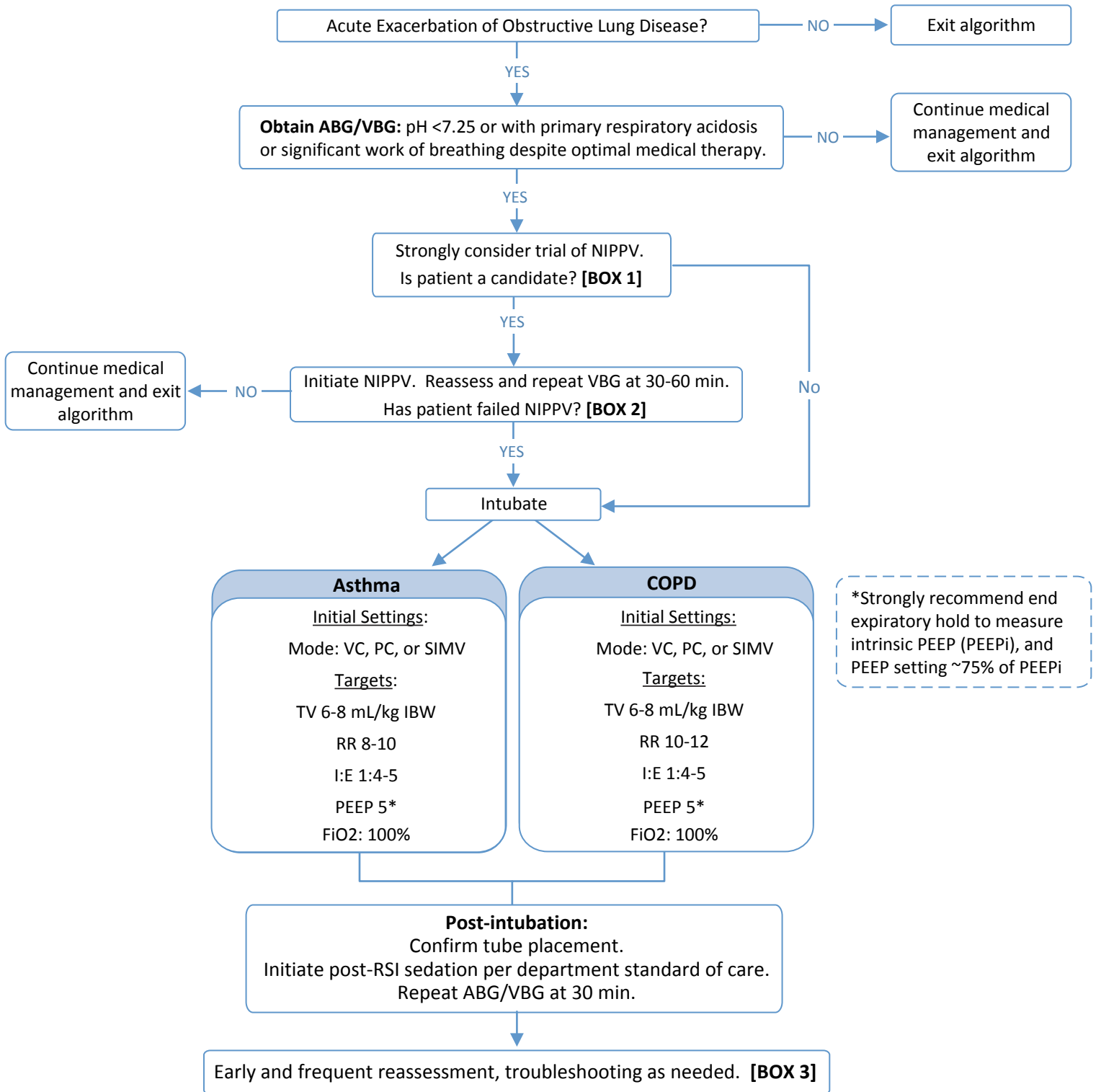


## Ventilator Management (COPD/Asthma)



\*Strongly recommend end expiratory hold to measure intrinsic PEEP (PEEPi), and PEEP setting ~75% of PEEPi

- Box 1: Contraindications for NIPPV**
1. Hemodynamic instability
  2. Inability to tolerate/cooperate (ie AMS, Anxiety, severe N/V)
  3. Inability to follow commands
  4. Significant facial instability precluding use of face mask

- Box 2: Indicators of NIPPV failure**
1. Developing hemodynamic instability
  2. Severe persistent tachypnea OR new bradypnea
  3. Worsening mental status
  4. Continued uncompensated respiratory acidosis at reassessment despite optimal IPAP and EPAP settings on NIPPV.
- If settings are inadequate and no other indicators of failure of NIPPV are present (see #1-3), consider change in IPAP and/or EPAP settings with close monitoring and repeat reassessment at 30-60 min.

- Box 3: Troubleshooting**
1. Treat underlying disease aggressively
  2. Initial management: **DOPES**
    - D:** dislodgment → assess tube
    - O:** obstruction → suction
    - P:** PTX → U/S, needle, CXR
    - E:** equipment → check circuit
    - S:** stacked breaths → disconnect circuit
  3. See Boxes A-F next page

**Box 3A: If .... Hypoxia**

1. Increase FiO<sub>2</sub> to target SpO<sub>2</sub> 90-94% (decrease FiO<sub>2</sub> ASAP to minimum effective FiO<sub>2</sub> once target achieved).
2. Strongly consider placing arterial line & obtaining ABG if pulse-ox unreliable, refractory hypoxia, or clinical concern for additional underlying parenchymal disease. Modify FiO<sub>2</sub> as above with target PaO<sub>2</sub> 60-80, repeat ABG q30-60 min prn.
3. Consider increasing PEEP by increments of 1-2 to max of 10 ONLY if Pplat <30 (see Box 3E), and only continue if effective.
4. Troubleshoot ETT - recall DOPES.

**Box 3B: If .... Tachypnea**

1. Consider increasing sedation until patient synchronous with ventilator.
2. Consider chemical paralysis only if refractory to increased sedation or complications of sedation (i.e., hypotension).

**Box 3C: If ... Auto PEEP/Air Trapping**

1. Consider increasing PEEP in increments of 1-2 to max of 10 until auto-PEEP resolves.
2. Consider decreasing RR to no less than 6 bpm and reassess ventilation with VBG.
3. If also hemodynamic instability, consider disconnecting circuit to relieve air trapping.

**Box 3D: If .... Acidosis (pH < 7.2)**

1. If no air trapping, consider increasing RR and reassess ventilation with VBG.
2. Consider increasing TV by 1-2 mL/kg IBW to max 8 mL/kg IBW ONLY if Pplat <30. Reassess plateau pressure to ensure <30 and reassess ventilation with VBG.
3. If continued critical acidosis, strongly consider placing arterial line and following ABGs.

**Box 3E: If .... Elevated Pplat (>30)**

1. Decrease TV to no less than 4-5 mL/kg IBW until Pplat <30 and reassess ventilation with VBG.
2. Consider transition to PC mode, with upper limit of PC = 30 and reassess ventilation with VBG.

**Box 3F: If .... Hypotension**

1. Assess volume status, and consider IVF resuscitation if clinically indicated.
2. Assess sedation, consider lightening sedation as tolerated (see Box 3B).
3. High suspicion for: PTX (recall DOPES), air trapping (see box 3C)