



- EKG changes associated with hypokalemia**
- QTc prolongation
 - U waves
 - T wave changes (flattening, inversions, biphasic)
 - ST depressions

- Signs and symptoms of hypokalemia**
- Ileus
 - Muscle weakness/cramps
 - Rhabdomyolysis

REFERENCES

Created: 8/17/20
Department of Emergency Medicine

Treat and Monitor notes:

Things to consider

- If hypomagnesemia present, treat with 2-4g MgSO4 IVPB
- If ongoing GI loss, treat with PPI

Choice of potassium

- PO
- Potassium chloride: most patients
 - Potassium phosphate: if low phosphate levels
 - Potassium bicarb/citrate: if metabolic acidosis

IV

- Potassium chloride: most patients
- Potassium acetate: if metabolic acidosis